



**Communities Working to Unite Youth**  
P.O. Box 685, Brandon Mississippi 39043  
501C3 Nonprofit Organization

July 18, 2021

Attention: Pastors, Community Youth, and Young Adult Leaders,

The Communities Working to Unite Youth (CWUY) 501C3 Organization is excited to invite all Mississippians to join us for the observation of our 15th Annual MS Statewide Embrace Freedom aka WHITE RIBBON SUNDAY- ABSTINENCE RECOGNITION RALLY on Thursday, September 23, 2021, from 6-8 PM on Facebook at cwuy4me. Additionally, each church or organization is encouraged to raise awareness any other day or time in the month of September of their choosing.

Our theme is “Freedom to Wait Without Worry,” according to Galatians 5:13 NLT. Our guest speaker will be Albert Tate, a Rankin County native and pastor of Fellowship Monrovia, in Monrovia, CA. He will emphasize the continued need for the “No sex until marriage” message to the Body of Christ as well as to our statewide Mississippi community at large.

CWUY believes that the “No sex until marriage” message has successfully ventured away from the Body of Christ, only to return tainted and more confused than ever. However, God’s Word still does not condone sex outside of marriage.

So, before this September 23rd in support, have your youth post the phrase “I Have Freedom to Wait Without Worry” on our CWUY website ([cwuy4u.org](http://cwuy4u.org)) while identifying their surname, membership church name, or community organization’s name, if applicable, and registering to attend the live Abstinence Rally (limited seating).

Finally, we also invite the rest of you to join our statewide Abstinence Rally on Facebook Live (CWUY4me). Rallying fun and entertainment will be enjoyed by all, no matter which venue.

We ask that you quickly contact us to confirm your church, youth, single adult, or other organization’s participation in this occasion by calling Program Chair TJ Morris at 601-936-3513 (day) or James Morris, Jr (after 6 PM).

Yours for Embracing Freedom,

James E. Morris, Jr., CWUY Vice-President  
Tommye Morris, Program Coordinator 601-936-3513 (day)



**STATEWIDE  
ABSTINENCE  
CAMPAIGN**



**I HAVE  
FREEDOM TO  
WAIT WITHOUT  
WORRY**

**CWUY 15TH ANNUAL WHITE RIBBON SUNDAY  
ABSTINENCE RECOGNITION RALLY**

**23 SEPT  
2021**  
THURSDAY, 6:00 PM – 8:00 PM



**VIRTUAL  
ONLY**  
FACEBOOK PAGE: CWUY4ME

**GUEST-  
SPEAKER-**

**ALBERT TATE**  
FOUNDER & SENIOR PASTOR  
FELLOWSHIP CHURCH  
MONROVIA, CA



**REGISTER TODAY**  
**WWW.CWUY4U.ORG**

**Communities Working to Unite Youth (CWUY)** has been serving the Rankin County, Mississippi community since 1988 as one of its primary non-profit 501C3 youth and family resource organization that educates, enriches, enlightens, and encourages our county's youth. We ***take a holistic approach to uniting the youth in Rankin County communities, with an emphasis on minority populations, through positive reinforcement of family values and preventive education. CWUY offers Rankin and surrounding counties ways of actively combating community deterioration and juvenile delinquency.***

For the past thirty plus years our goals have included providing programming which provide a rallying place for shared problems and solutions. As a regular sponsor of such activities, we have also seized every opportunity to establish a County-wide venue through which parents can get the information that keeps them abreast of social issues affecting their youth and to sharpen their parenting skills. We also strive to assist children in choosing sexual abstinence as the best way to promote healthy relationships and lifestyles.

### **Historical CWUY Programming at a Glance**

The following efforts have proven our sincerity to our cause:

- ▶ Annual **Abstinence Walk-A-Thon** in partnership with Junior Auxiliary of Rankin County, Mississippi State Department of Health Abstinence, East Lakeland OBGyn Clinic, and various youth entertainers.
- ▶ Annual **Read-A-Thon** in partnership with local Public Libraries, Trustmark Bank and Captain D's Restaurant.
- ▶ Biannual **Teen Summits** in partnership w/ Hinds Community College.
- ▶ Annual **Black History Community Awareness** and Peer Mentor Youth of the Year Recognition Program.
- ▶ Annual Dr. **Martin L. King, Jr. Birthday Program** in partnership with local churches.
- ▶ **"Say No to Drugs"** Parades in partnership with surrounding counties and Rankin County Board of Supervisors
- ▶ **Career Days** in partnership with local schools and Hinds Community College
- ▶ Annual recognition of National and Local **"You've Made a Difference" Celebrity Awards**
- ▶ **Advisors** for and in partnership with two **nationally funded abstinence programs** Community Matters and the STARS Abstinence Education Program
- ▶ Statewide 15th Annual **White Ribbon Sunday Observance**; invitation to Churches to spread the abstinence message
- ▶ CWUY **OASIS performing arts** troupe in partnership w/ local schools & community
- ▶ CWUY **Trailblazers Abstinence Responsibility Education (T.A.R.E)** Program, concentrated on the discipline of sexual and other risky behaviors. This program received a grant funded by the Mississippi Department of Health for \$100,000 in 1999 to operate in Rankin County Schools
- ▶ Represented on the **Mississippi Task Force on Reducing Out-Of-Wedlock** Pregnancies commissioned by the Mississippi Legislature headed by the Mississippi Family Council
- ▶ **Youth Opportunities Unlimited** in Rankin (Y.O.U.R) a prevention and reduction of juvenile crime program

## **Program or Service Suggestions for Embrace Freedom aka White Ribbon Sunday Day**

- ▶ Distribute looped ribbons to be pinned on or tied in a bow on ring finger of each congregant's hand (Encouraging them not to forget what God's word says about waiting for sex until marriage.)
- ▶ Pass out brochures about abstinence only (Secure from your local health department or contact CWUY)
- ▶ Pass out a hand-out with Abstinence scriptures (Provided in this Correspondence)
- ▶ Have single youth and single adults sign a pledge card to abstain from sex until marriage (sample enclosed).
- ▶ Message suggestions for Pastor or Speaker during Sunday School, Announcement period, Children's Church, Bible Study night or any Worship Service time:
  - Embrace Freedom: Wait for sex without worry (Galatians 5:5)
  - Waiting is not weird.... it's the Word (Romans 12:2 NLT)
  - Abstain? I Can.... I Will
  - Operation—Stand Firm on God's Word about Sexual Abstinence (Philippians 1:27)
  - *I Choose to WAIT because this is God's Will*
  - Be UNCOMMON: Abstain from Pre-Marital Sex
  - Pre-Marital Sexual Abstinence: An Action with Purpose
  - iWait 'til Marriage for Sex
  - Purity is a God thing
  - No wed... No bed
  - No Sexual Fling before the Ring
- ▶ Also, before this September 23rd in support, have your youth post the phrase "I Have Freedom to Wait Without Worry" on our CWUY website ([cwuy4u.org](http://cwuy4u.org)) while identifying their surname, membership church name, or community organization's name, if applicable, and registering to attend the live Abstinence Rally (limited seating).
- ▶ Finally, we also invite the rest of you who cannot attend our live broadcast to join our statewide Abstinence Rally on Facebook Live (CWUY4me). Rallying fun and entertainment will be enjoyed by all, no matter which venue.
- ▶ Perform skits at your church's recognition about abstinence (Some skits are provided in this Correspondence)

**Suggested Occasion for White Ribbon Sunday 2021**  
(Should be read during program on Embrace Freedom Day aka White Ribbon Sunday) written  
by Tommye Morris/2021

Today, we are observing "Embrace Freedom" aka White Ribbon Sunday Day here at \_\_\_\_\_ (name of your Church or Organization). Again, for the 15th year, Communities Working to Unite Youth has joined with churches and youth-oriented organizations all over the state of Mississippi to give "one voice" to the message of abstinence (no sex until marriage). Fifteen years ago, White Ribbon Sunday was the brainchild of the Communities Working to Unite Youth (CWUY) 501C3 organization of Rankin County, MS. This year we have rebranded this month of recognition as "Embrace Freedom" month since those words express our sentiments exactly.

CWUY believes that, as Christians, we cannot and should not allow this message of abstinence to be whispered but shouted out. After all, according to 2 Chronicles 7:14, we as God's people are called by His name to lead the world in obedience to His Word, thereby invoking the restoration and healing of our broken misguided land.

Although the mandate for no sex until marriage has not been given to the world, it has been commanded by God to His people, the Church. So today in the Church of Jesus Christ, let it not be said that the question of out-of-wedlock sexual relationships is unanswerable. God forbid! The answer is a resounding "Wait until marriage for sex"—in that order. God calls sex before marriage fornication and deliberate disobedience to His Word. He proclaims sex outside of marriage to be the wrong behavior for His Church.

Therefore, this year's theme suggests that believers not only know that they look different from the world but also that they are willing to follow through with a committed vow: "I will obey God's Word about abstaining until marriage, in spite of how the world sees me." It does take courage to swim against the river of ungodly distractions or peer pressure; however, 1 Peter 12:11 challenges us to "not give in to our sinful desires because we are not of this world, and it will weaken our spirit man [Is "spirit man" correct?]." One of the devil's primary tricks to deceive us into thinking that sex should not stay within the confines of marriage is to suggest that we view unwed sex as entertainment, wild fun, or recreational sport. This view desensitizes and draws us away from the real reason for sex, which is to promote husband and wife intimacy and for the procreation of healthy families where children may grow. The Word of God says, "To everything there's a season and a time for everything under the heaven"; therefore, the proper time for sexual intercourse between a man and a woman is marriage. Virginity is not just the physical abstaining from sexual intercourse but also the mental and spiritual preservation of a person's wholeness until marriage.

On this day, everyone is wearing a white ribbon to remind our young people and single adults that they are Christ's primary concern. We all care about them and wish to encourage them to make the choice of an abstinent, healthy lifestyle—free from the likelihood of deadly diseases, out-of-wedlock pregnancies, and other unhealthy emotional and psychological problems.

This special day has again received the historic proclamation endorsement of Governor Tate Reeves, declaring September 2021 as White Ribbon Sunday Month. This is a pronouncement of his firm stand, projecting the message of abstinence all over this healthy, youth-conscious state of Mississippi.

And just in case you are a pre-teen, teen, or single adult who has already fallen for the deceptive message of the world that says, “just do it,” keep calm and remember that you can always repent sincerely and ask for God’s forgiveness, then pray for God’s strength to go and sin no more-- remembering that it’s never too late to WAIT! And realize that there is nothing greater than the freedom to make a quality decision to honor God with our bodies as you wait for your true mate from God. Today, if you are a youth or single adult, we urge you to make a pledge to God that from here on you will choose to abstain until the proper time. We pray that you are totally convinced that God’s Way provides us “Freedom to Wait Without Worry”.

This is our occasion.

### Suggestions for Sexually Active Singles

√ Search God’s Word for His truths on marriage, singleness, and sex. (Scriptures provided in this document. Suggested reading Single, Married, Separated and Life after Divorce by Myles Monroe)

√ Admit your inability to say no and ask God to help you with your sexual urges, your temptations, and your desire to, before marriage, “go to bed with someone you care about deeply.”

√ Make a quality decision to wait for sex until you and your-- God sent mate --are married.

√ Talk to the person you date about your morals and standards to live by God’s Word before he or she challenges you to have premarital sex.

√ Make plans for situations you may have to confront someday, such as when the person you’re beginning to spend more time with says to you, “If you love me, you’ll have sex with me.” “Let’s do it,” or “I have protection.”

√ Keep a godly standard on your **outer course** (the things you’re doing to show affection, such as open mouth kissing and touching each other inappropriately).

√ Don’t give up, even if you have failed to hold up to God’s standard or your own! Confess your sin. Receive the forgiveness Christ won for you. Recommit yourself to an abstinent (no sex until marriage) lifestyle.

√ Assure the person you’re spending more time within a dating or engagement period relationship that just because you reject sex before marriage, you’re not rejecting him or her.

√ Ask fellow Christians to help keep you accountable to God’s standard.

## **How to start over if you've lost your virginity and now want to preserve yourself until marriage....**

A 'vow of secondary virginity' is a decision one makes to abstain from sexual activity, starting with that day and continuing until the day they get married. It's an opportunity to start over. Their physical virginity may be lost, but virginity is more than just a physical state; it's also an attitude and a frame of mind. Second Virginity is manifested in the way you look at yourself; are you worth waiting for.

Secondary virginity is a time to change bad habits and heal past wounds. It allows you to clean and renew yourself prior to or in preparation for marriage and to just live a clean life before God.

Why do people choose secondary virginity? Some teens and young adults say...

- ▶ "I now know that that way of life did not please God."
- ▶ "I didn't like being used."
- ▶ "We were so much into sex that we never became friends."
- ▶ "Just because I made a mistake doesn't mean I have to keep on making the same mistakes."
- ▶ "I'm going to wait because I have hurt a lot of people as well as myself."
- ▶ "I want to change my life for the best, for me and for my future children."
- ▶ "I am worth waiting for".

### **Six steps to becoming a secondary virgin:**

- 1) Pray and make a firm commitment to God to save yourself or wait for sex until marriage from now on, and believe you can do it. (Because you can!)
- 2) Get away from people, places, things and situations that weaken your self-control. Sometimes the healthiest thing we can do is avoid people who tempt us.
- 3) **Avoid intense hugging, passionate kissing** and anything else that leads to lustful thoughts and behavior. Anything beyond a brief, simple kiss to the cheek or forehead, can quickly become out of control.
- 4) Find non-physical ways to show your love and appreciation; quality time converts to love.
- 5) Remember that anyone, with God's help, can start over. Including you! (God will forgive you when you truly repent.) When you ask God to help you focus on commitment and self-discipline, He can help you control your desires.
- 6) Suggest to your Pastor that your fellowship have a Secondary Virgin Ceremony for all you are ready to commit.

## Abstinence Scriptures for WHITE RIBBON SUNDAY

Compiled by Tommye Morris / 2007

Category	Subject	Scripture
<b>God's Instructions</b>	We must teach our children about abstinence God wills that we are separated from sexual sins All of us who know the truth must advise others	<b>Hosea 4:6</b> <b>1 Thessalonians 4:3</b> <b>Proverbs 11:14</b>
<b>Self-Control</b>	Abstain from sexual immorality Avoid sexual immorality and other things that displease God Avoid every kind of evil Abstain from sinful desires Honor God with your body Gift of the Spirit is Self-control Put to death whatever belongs to your earthly nature Don't let the heat of the moment of unmarried sex burn you Do not sow to please your sinful nature	<b>Acts 15:20</b> <b>Acts 15:29</b> <b>1 Thessalonians 5:22</b> <b>1 Peter 2:11</b> <b>1 Corinthians 6:19-20</b> <b>Galatians 5:23</b> <b>Colossians 3:5</b> <b>Proverbs 6:27</b> <b>Galatians 6:8</b>
<b>Marriage</b>	<b>When we get married</b> <b>It is better to marry than to burn with passion</b>	<b>1 Corinthians 7:2-5</b> <b>1 Corinthians 7:8-9</b>
<b>Victorious Choices</b>	<b>Do not offer your body before time</b> <b>Be willing to sacrifice your agenda for His</b> <b>The Body is not meant for immorality</b>	<b>Romans 6:12-14</b> <b>Romans 12:1</b> <b>1 Corinthians 6:13b-20</b>
<b>Blessings &amp; Destiny</b>	<b>God knew us before we were born</b> <b>I am Fearfully and Wonderfully made</b> <b>Because of Jesus sin does not have the final word</b> <b>You are made in the image of God</b> <b>God made you special</b> <b>All human life is important to God</b> <b>God has plans for your life</b>	<b>Jeremiah 1:5</b> <b>Psalms 139:13-14</b> <b>Romans 6:23b</b> <b>Genesis 1:26-27</b> <b>Psalms 8:4-6</b> <b>John 3:16</b> <b>Psalms 139:15-16</b>
<b>Penalties</b>	<b>There are consequences of sin</b> <b>Sexual immorality could lead to death</b> <b>Un-repented sexual sin grieves God's servants</b> <b>Acts of the sinful nature are obvious</b> <b>The pay for sin is death</b>	<b>Romans 6:23a</b> <b>1 Corinthians 10:8</b> <b>2 Corinthians 12:21</b> <b>Galatians 5:18-19</b> <b>Romans 6:23</b>
<b>Maintaining A Christian Lifestyle</b>	<b>God will help you stay sanctified</b> <b>Steer clear of sexual immorality</b> <b>Put on the full armor of God</b> <b>Think while you wait</b> <b>Go and sin no more</b> <b>Keep your way pure according to God's Word</b>	<b>1 Thessalonians 5:23-24</b> <b>Ephesians 5:3-7</b> <b>Ephesians 6:12-13</b> <b>Philippians 4:8-9</b> <b>Romans 6:1-2</b> <b>Psalms 119:9</b>



**Abstinence Scriptures for WHITE RIBBON SUNDAY (continued)**

Exodus 19:5	You shall be a peculiar treasure	Hosea 4:6	We must teach our children about abstinence
Ecclesiastes 3:1	There is a time for all things	Matthew 28:18-20	Jesus... gave his charge: Go out and train everyone you meet
Acts 15:20	Abstain from sexual immorality	Romans 6:12-14	Do not offer your body before time
Acts 15:29	Avoid Sexual immorality and other things that displease God	Romans 12:1	Be willing to sacrifice your agenda for His
Titus 2:14	Purify...	Proverbs 6:27	Don't let the heat of the moment of unmarried sex burn you
1 Thessalonians 5:23-24	God will help you stay sanctified	Psalms 1:1-3	<u>Happy</u> is the one who abstains from sex before marriage
John 3:16	All human life is important to God	Psalms 8:4-6	God made you special
Philippians 4:8-9	Think while you wait	James 4:7	Surrender your will and heart to God
Romans 6:1-2	Go and sin no more	Proverbs 11:14	All of us who know the truth must advise others
Psalms 119:9	Keep your way pure according to God's Word	Hebrews 11:25	Sinful pleasure only lasts a short time
Galatians 6:8	Do not sow to please your sinful nature	Psalms 139:15-16	God has plans for your life

**POEMS FOR THIS SPECIAL Embrace Freedom Day aka "WHITE RIBBON SUNDAY"**

**POEM: Embrace Freedom©**

**By Tommye Morris 8-2-21**

Reach for freedom and hold on tight  
Cause freedom is a privilege as well as your right.  
But it becomes your choice to keep freedom in sight,  
Always embrace freedom.

Hold on to freedom --with not one-- but two hands.  
Take every opportunity cause that choice is grand.  
Like a drum major it makes you leader of the band,  
Always embrace freedom.

A made-up mind to stay free to decide,  
Keeps you top of heap, one who's able to guide.  
It gives you confidence not just along for the ride,  
Always hold on, always make a choice, always decide to embrace freedom.

**POEM: I Choose to WAIT©**

**by Tommye Morris 7-24-17**

When it's sex before marriage  
I choose to WAIT  
Because this is God's Will and Way.  
For the body that's kept pure and holy  
Is a symbol of His Glory today.

I've made a conscious choice to WAIT  
Every day I decide that God's Will  
Is way more important to honor  
While waiting for marriage—be still.

I'm making a choice to find peace on God's path  
With the brain that God gave me to think  
Big thoughts line up with God's Way  
From His Way, I never will shrink.

May I admonish the reader of this poem to WAIT  
Cause sex before marriage goes against God's Way  
I hope you'll say," I choose to WAIT  
With all my strength come what may".

**Abstinence Pledge Song (Tune - I'll Say Yes Lord Yes)**

Words by Connie Tate 3/07©

No wed no bed,  
Yes this is my pledge.  
No wed no bed,  
Yes this is my pledge.

This gift God gave to me  
I will keep it pure and free,  
And will walk with pride and dignity.

No ring, Nothing, This is the news I bring.  
No ring, Nothing, This is the news I bring.  
I am special, this I know,  
And I'll proudly let it show,  
And these values, I will not let go.

**Poem: Abstinence Prayer**

by Tommye Morris 2008©updated 2020

Lord, I want to live for you, cause I want you to be proud of me.  
Teach me how to understand your word, which says, "Wait for sex until marriage".

I know it seems like everybody is doing it... But I'm not and if I was, I've decided now to wait.

I love you Lord, and I believe you love me.

Thank You that Your word declares that once I've accepted Your Love nothing can separate me from Your love.  
Help me to remember that it's never too late to wait because I'm worth waiting for. In Jesus Name Amen.

**Poem: Be Uncommon**

By Tommye Morris© 8-3-16

Be Uncommon when you live your life  
And don't live the usual way  
For what used to be common to our parents, is now uncommon today.

It used to be so usual  
To see a Godly life  
Lived by those in the fear of God--  
Respecting His command to live right.

Please practice the moral life  
God says that we must lead  
Christ died to make that possible  
For new life He surely did bleed.

Dare to be different and uncommon, although the world says no.  
Let God's Word be your guide by His Spirit, on the path that you must go.

**Poem: Don't get tired of waiting**  
**By Tommye Morris July 24, 2020©**

Don't be weary in well doing  
Is what the Bible says  
For waiting on God to lighten your load  
In due season you will be fed.

Waiting is not a waste,  
Of good time as some imply,  
It's called patience, a fruit of one of God's own,  
It proves that on God you rely.

**Poem: Abstinence Keeps You free to Decide**  
**by Tommye Morris©2009updated 2020**

Make a decision to abstain,  
It will always keep you free.  
It will save you from a life  
of promiscuity.  
It will help you maintain you rightful identity.  
Abstinence keeps you free to decide.  
Make a decision to be all you can be.  
When you choose to abstain,  
you'll be glad that you did,  
Your future will be protected from an unwanted kid,  
Free from diseases which your body can't rid.

Make a decision to do it God's way,  
will preserve your true love,  
It will enable you to keep a  
clear conscience from above.  
You'll avoid abortions and unwanted pregnancies  
—don't join that club,  
Abstinence keeps you free to decide.

Make your decision and make it today.  
Make a choice to express your life  
in God's right order.  
No sex now is the best choice  
for unmarried sons and daughters.  
Marriage is especially special to  
your fathers and your mothers.  
Abstinence will always keep you free to decide.

**Poem: iWait**  
**By Tommye Morris 7-28-13©**

iWait for sex 'til marriage  
No matter what others may say.  
Because others don't understand the reason  
Why God has me living this way.

God created me to hear His voice  
which instructs me on how to live.  
He leads me into all that is true  
To follow the directions He gives.

God informs me on how to be patient  
How to wait for just the right time;  
To have sex in a marriage that He ordains;  
What a wonderful, God given find.

I won't be in a hurry to experience sex  
I'll just live out my God given fate  
By making the best of my decision;  
the decision that says, "iWait".

**Poem: Purity is a God Thing**

**By Tommye Morris/ July 27, 2012©updated 2014**

Purity is not just a girl thing,  
It's also a God thing too.  
God tells His church, "Be holy as I am holy,"  
Let the world see Me through you.

Purity is the opposite of uncleanness,  
By definition that surely rings true.  
Then purity must mean a crystal clear lifestyle;  
That's what God expects of you.

All Christian men, women, boys and girls  
Should model purity for God's great gain,  
Cause God doesn't expect just girls to obey,  
Obedience, for all Church males and females,  
Is truly a God ordained thing.

### **Poem: God Knows**

by Tommye Morris 7-28-13©

God knows what is best for each one of us  
He knows why He made us this way  
Monogamous creatures that choose partners for life  
From Adam and Eve to this day.

He knows what it takes to sustain us.  
He desires we're kept healthy and whole.  
God knows if we wait on our just right mate,  
We'll be one from our heart to our soul.  
If anybody knows, just know  
that it's God,  
So then listen to God's every command,  
For He knows how to help us get the best from life,  
Our lives are in the palm of His hand.

### **Poem: Abstinence... God's Plan**

by Tommye Morris 2008©

And God declares that....  
Abstinence will help you maintain your identity,  
It will preserve your true love,  
It will keep you from a life of lust and promiscuity,  
It will protect you from sexually transmitted diseases,  
It will enable you to keep a clear conscience.  
Abstinence will help you avoid abortions and  
unwanted pregnancies,  
It will help you learn to know your special friend as a  
person, to enable you to  
build a relationship of mutual trust and respect,  
It will enable you to preserve your special gift of  
virginity  
to give to your chosen lifetime mate,  
And most of all to help you please Me who loves you  
totally and unconditionally!

### **Poem: Blessed is one who Keeps God First**

©by Tommye Morris 7-31-14 Update 7-25-17  
Update 7-23-2020

Blessed is the one who does not live  
where God's way does not reside.  
God's way is His Word which must be put first  
or that one's way He will not guide.  
If our destinies are to be successful,  
we must follow God's way to the worst.  
His power is manifested even in suffering  
For the person who keeps God first.  
Only He knows the plans that He has for us,  
Only He cancels the family tree curse;  
This prevents one from enjoying a prosperous future,  
But we help destroy those roots by keeping God first.  
So make a decision that you'll honor God's way  
For His way is higher than ours,  
When you make up your mind to keep God first  
You'll experience God's Holy power.

### **Poem: Operation: Stand Firm in Faith©**

By Tommye Morris 8-13-18

Calling all soldiers in the Army of the Lord,  
A Call to active duty today.  
Calling all who believe to join in the fight  
To Stand Firm in the battle for your faith.  
For The battle is on; The challenge is real  
Other wars in comparison pale  
For n'er a blow will be ledged or physical lick hit  
Soldiers counting on their faith not to fail.  
Faith is substance of things hoped for  
And the evidence of things not seen  
The battle we must fight to hold on to our faith  
Is the lifetime combat of God's team.  
Operation: Stand Firm in your faith is the word  
So Suit up and let victory be found.  
Such an honor to march on the battlefield in faith  
Never fearing, we'll hold our ground.



Communities Working to Unite Youth  
P.O. Box 685, Brandon Mississippi 39043  
501C3 Nonprofit Organization

## Abstinence PLEDGE CARD

**Theme: I have freedom to wait without worry**

### **“No Sex ‘til Marriage” Pledge Card for Ages 10- Until Married**

Theme Scripture: For you have been called to live in freedom, my brothers, and sisters. But don't use your freedom to satisfy your sinful nature. Instead, use your freedom to serve one another in love. Galatians 5:13a

Because of my love for JESUS, my future husband or wife, my future or present children, my parents and because of my love and value for myself, I choose to be sexually pure until marriage. Because of Ecclesiastes 3:1 says, to everything there is a season, and a time to every purpose under the heaven. And Exodus 19:5 reminds us that if we obey God's voice, and keep His word, then we shall be a peculiar treasure to Him above all people. Today by choosing an abstinent lifestyle, I choose to remain God's Peculiar Treasure. So have respect for the Lord. Serve Him. Be completely faithful to Him.....But suppose you don't want to serve Him. Then choose for yourselves right now whom you will serve. Joshua 24:14a,15a

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Name of Commitment Maker

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Date

---

Witness

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Date

**CWUY suggest this to be signed anew every “Single” year.**

## SKITS FOR THIS SPECIAL "WHITE RIBBON SUNDAY" DAY

2021 Skit should be written by a combination of youth and adults to reflect the style of a family feud game show. Design questions that will broaden listeners understanding of practicing abstinence.

Suggestion: Cheer squad (all females) versus football team (all males), band members (male and females) versus basketball team (male and females)

Have a moderator and the promise of a prize of lifetime success because of their choice of quality decisions to stay free.

Theme Title: Operation: Stand Firm in Faith©2018

**Characters:**

**Drill Sergeant Morris**

**New Recruits: Privates: Adams, Bailey, Coleman, Dean, Johnson, Roberts (more soldiers if you desire)**

**Squad Leader: Adams**

**Private Johnson**

The setting is on the practice course for new military recruits. They will be learning how to have faith in what they believe that God's word says about Abstinence. The play begins as new recruits and Squad Leader march on to stage area.

**Private Adams, Squad Leader (walks new recruits in on this step):**

Your left, your left, your left right left. Your left, your left, your left right left now pick up your feet, your left right left.

I don't know but I've been told, Jesus of Christ will save your soul. Big and fat or even thin, Let God's little child come in.

Your left....Squad Halt...Left face (facing squad leader), Prepare for roll call. (Squad Leader calls each name and each private takes one step forward answers "Here Sergeant") Adams, Bailey, Coleman, Dean, Johnson, Roberts.

**Squad Leader:** Squad present arms. (All salute with right hand to the brow of the face correctly, except Private Johnson who salutes with his left hand.) (Squad Leader does an about face and speaks to Drill Sergeant who now walks in)

**Squad Leader:** Drill Sergeant all new recruits present Drill Sergeant. (Squad Leader gets into formation with other privates)

Drill Sergeant spots one saluting with left hand and walks up to him and speaks with a Drill Sergeant's voice – a commanding voice, a voice of authority, a commanding presence, an assertive character)

**Drill Sergeant:** (Turns and gets right in the face of the Private) Private what are you doing?



**Private Johnson:** (In a respectful voice) I'm saluting Drill Sergeant!

**Drill Sergeant:** Private what are you saluting with?

**Private Johnson:** With my hand Drill Sergeant!

**Drill Sergeant:** Oh so we have a wise guy in our midst. (While he's speaking that he's looking at all the recruits).

**Drill Sergeant:** Private drop down and give me 10

**Private Johnson:** Yes Drill Sergeant. (moving toward Drill Sergeant.) (Private drops down and does 10 push ups)

**Drill Sergeant:** (Now speaking to all recruits) Privates which hand is the correct hand to salute?

**All Privates answer:** With our right hand Drill Sergeant.

**Drill Sergeant:** Squad parade rest.

**Sergeant:** Privates this is Abstinence Boot Camp. In boot camp you will learn that the most important lesson for Soldiers in the army of the Lord to understand how to suit up and stand firm in Faith. You have already been assigned to commit some scriptures about how to stand firm in your faith. One by one recite the word... **First in line steps out and recites, then next:**

Faith is the substance of things hoped for and the evidence of things not seen. Hebrews 11:1 Sir!

Commit your way to the Lord. Trust in Him and He will act. Psalm 37:5 Sir!

Put on the full armor of God so that you will be able to stand firm against the schemes of the devil. Ephesians 6:11 Sir.

Be steadfast, immovable, always abounding in the work of the Lord. 1 Corinthians 15:58 Sir!

So then faith comes by hearing and hearing by the word of God. Romans 10:17 Sir!

How can a young person stay pure? By obeying your Word. Psalm 119:9 Sir!

**Drill Sergeant:** As you train take these scriptures and learn them, live by them and love them. They will help you through your time of boot camp and beyond.

**Squad Leader:** Yes Drill Sergeant. Moving Drill Sergeant. (Once in front of Drill Sergeant he salutes)

**Drill Sergeant:** Squad Leader take soldiers to training. (Drill Sergeant returns salute to Squad Leader)

**Squad Leader:** Squad right face, Forward march..... your left, your left right left. Your left your right now pick up your steps. Your left your right your l-e-ft. (same as coming in). **THE END.**

### **Skit for White Ribbon Sunday 2017**

Theme Title: "I Choose to WAIT because this is God's Will"7-30-17©

#### **Characters:**

Lisa – Age 15, believer in Christ, undecided about virginity

Jason – Age 17, believer in Christ, known virgin, Church Pastor's son

Minister Morris - Youth Pastor

Jolie – Age 9, new believer, Minister Morris' daughter

Jamen – Age 12, new believer, Minister Morris' son, comedian

Salena- Age 17, believer in Christ, known virgin, loves young children

Jasmine – Age 16, recently baptized, and received her purity ring a few months ago, very sensible

The setting is a church youth meeting where the subject of abstinence and plans for upcoming White Ribbon Sunday are being made. Everyone has agreed to invite school friends who they believe could use a lesson about abstinence from a godly perspective.

**Minister James** – Okay, young people, we must complete our plans for White Ribbon Sunday; it's only a month away.

**Jason** – Well, as president of this group, I want to make a suggestion.

**Salena** – Uh-oh! Everybody, brace yourselves!

**Jason** – What!

**Jasmine** – She just means that you can always be counted on to have very creative ideas.

**Jason** – Oh...

**Jamen** – Come on, ladies. Let the man speak please (in a frustrated tone).

**Jason** – We don't need to be concerned just with the members of our church family on the subject of abstinence. We would do well to invite others from outside our congregation to experience our White Ribbon Sunday program--the ones we come in contact with on a day-to-day basis.

**Lisa** – I don't know about that. If they don't believe, how do we think we can convince them to accept our idea about abstinence?

**Jamen** – Lisa, Lisa, listen Lisa, listen. Our job as believers is to plant the seed of God's Word in those we know who don't show that they believe. Then God promised to give the increase of the seeds we plant.

**Jolie** – Yah, like Jamen did for me before I accepted Jesus as my Lord and savior. He just kept telling me the truth that he knew. God gave the increase in my mind, and I soon decided that I would accept Jesus for myself.

Minister Morris – That is exactly the way it works, Jolie. But most importantly, Lisa, you must first believe the Word for yourself. Then you can help others to believe.

Salena – God does say suffer little ones to come unto me and forbid them not for that's what heaven is made of.

Jasmine – You mean --when we are invited to come to receive easy instruction as a young child, God is pleased to educate us with His truth and draw us with His love.

Jason - And the truth of His love includes the real truth about abstinence, no sex until marriage. God knows that His way will keep us safe because it is the truth, the whole truth, and nothing but the truth.

Jamen – That's cool, God's Way is the best safe sex method known to man. Abstinence from premarital sex works!

Lisa – Wow! I never thought about abstinence being God's Way of loving us and that explains why waiting for marriage before sex is the best choice for all who love God.

Jolie – Okay, I choose to wait for sex until marriage because it's God's will.

Jason – All in favor say AMEN.

Group – AMEN!        The End.

**Skit for White Ribbon Sunday 2016**  
**Theme Title: Be Uncommon: Abstain from pre-marital sex**

Performers form two separate straight lines of up to five students each line. These students can participate in bringing signs or not. These should also have their backs turned to the audience as they stand still in place.

Then a student (Male), who steps out from behind student line, holding books, walks to the center of two separate lines. That (Male) student stands there until a student comes from the line or a different student with a sign that says weak. He or she puts the sign around the (Male's) neck. Then another student repeats that action and puts the sign that says nerd and shoves him. The other student repeats that action and puts the sign that says annoying and even pushes him to the floor. (Male) gets up and returns to his original standing place.

Then a different student (Female) steps out from other side holding books and stands in center stage just like (Male) student had done. A student steps up to her and puts a sign around her neck that says ugly. Again, loser sign, weird sign – knocks her books down. She picks up her books and walks back to her original starting place. The she (Female) and he (Male) walk out to center at same time with negative signs hanging from them. Then other youth come one at a time to put different positive labels on them –1<sup>st</sup> Male – Strong, 2<sup>nd</sup> Female – Pretty, 3<sup>rd</sup> Male – Smart, 4<sup>th</sup> Female – Cool, 5<sup>th</sup> Male – Funny, 6<sup>th</sup> Female – Unique.

Both male and female remove all signs from their neck, one at a time, putting them on the floor. They each pick up negative signs one by one and show to audience, tare it up, and throw on floor. 1<sup>st</sup> Weak, 2<sup>nd</sup> Ugly, 3<sup>rd</sup> Nerd, 4<sup>th</sup> Loser, 5<sup>th</sup> Weird.

They both then put positive signs back around their necks.

Then all students from both lines and others surround male and females.

They proceed to walk and pick up 2 more signs waiting on floor for them which says, "Dare to Be Uncommon, Especially with Staying Abstemious until Marriage. Someone will always notice that about You."

## **Skit for White Ribbon Sunday 2015**

Theme Title: **We'll Keep God first and have some real fun!"**

Written by Tommye Morris 2015©

Have your youth participate with this skit by making posters that tell the story of abstinence in line with the theme title.

The skit can have a narrator or not and the posters can be viewed after each narration.

Each poster should have words or descriptive pictures that talk about or give a picture of the difference between having fun and not having fun in life. (Example: A party is only fun when there is adult supervision (show picture of one Parent or two), good food, good music, some games, no drugs, no alcohol, no sexual activity. A party is no fun when..... (use your imagination).

Pictures may be draw or secured from a magazine or from the internet.

Narration may be put together from the information provided in this document; the Occasion, the scripture references, poems, skits, etc.

Youth Leaders with your direction, young people will enjoy the freedom of telling the story of abstinence like they see it; SO HAVE FUN!

### **Skit for White Ribbon Sunday**

**Title: It's about time that "iWait" Written by Tommye Morris 7/28/13©**

**Characters: All teens**

**Narrator – Male or Female**

**Jerry- Male (It's his house)**

**Jeremy – Male (doesn't want to wait)**

**Jr. – Male**

**(3) – Females invited to the party**

**Narrator:** This skit will remind us that friends should remind friends to wait for sex until marriage.

There is strength in numbers and no better place to practice that quotation than at home when your parents have left for the evening and you decide to invite your friends over for a quick party. Come and listen in on preparation for a party that had no permission to happen in the first place.

(Scene opens with Jerry texting the girls for the party and the three girls receiving the text with joy – high fiving each other about the promised event. Then scene switches to Jerry's house.)

**Jeremy:** Hey Jerry have you texted the girls yet?

**Jerry:** Yah man, I texted them about two hours ago when I found out that my parents were going out tonight.

**Jr:** Hey that's cool. (singing and dancing to his own made up tune) We're gonna parr-day, gonna have a parr-day. We're gonna party tonight—Enjoy some honeys tonight.

**Jerry:** Mannn, stop all that racket and save the dancing for later.

**Jr:** Word—ahh, you're just jealous cause you can't dance, especially the slow jams. I heard Linda say at the last dance you just killed her feet. (both guys laugh at Jerry).

**Jeremy:** Hey guys, what will we do once the girls get here?

**Jr.:** Dance! banana brain, Dance!

**Jeremy:** Nahhhh, you know what I mean what else are we going to do besides dancing? You know.... (Jerry and Jr. have a confused look on their faces and look at each other not understanding what Jeremy is hinting to) You know?

**All:** (all the guys come to the same answer at the same time) Oh, yahhh, bed time!

**Jerry:** Man, we can't do that, a party is one thing, but having sex is another.

**Jr:** Yah bro... (jokingly but seriously) but my heart is waiting for just the right girl; a girl that has waited for me too.

**Jerry:** Me too man, I have decided to wait until just the right time when God hooks me up with the girl of my dreams. I want to do it right like God's word says No Wed, No Bed. Maybe we don't need to have these sneak'n parties anyway.

**Jr.:** Yah, two wrongs don't make a right. Sex before marriage is not right and neither is having a party with girls that our parents don't know about.

**Jeremy:** You guys are right, if we keep tempting ourselves one day we will try to do what only married people should do and we may just get what married people get – a little one.

**Jerry:** (start texting while texting) Guys, I'm gonna text the girls and call off the party.

**Jeremy:** Good. And I want to ask us to make a covenant with each other that we are not going to have sex until we are married. Are y'all in?

**Jr:** I'm in. I'm scared of the consequences of having sex outside of marriage anyway. Aids, disease, (gives Jeremy a modern-day handshake)

**Larry:** Me too, I want to live a long life, and having sex without being married and disobeying my parents by having parties that I didn't get permission for, are two ways to take unnecessary risk.

**Jeremy:** I never thought you guys felt that way. I'm glad we do. Let's decide on a sign that represents our decision tonight. (make up a hand sign).

**All:** (Then all three hold up the sign and say all at the same time) "iWait".

Narrator: Now we all have a way to let others, especially our friends, know that we are obeying God's word and waiting for sex until marriage. When so call friends and persons from the opposite sex try to persuade you to participate in an ungodly act of any kind, just give 'em this hand signal that represents you position about the matter, you say, "iWait".

The End

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**A Few Helpful Website Resources:**

Ten Tips for Parents to Help their Children Avoid Teen Pregnancy [www.teenpregnancy.org](http://www.teenpregnancy.org)

Sexual Health [www.medinstitute.org](http://www.medinstitute.org)

Abstinence news [www.abstinence.net](http://www.abstinence.net)

Mississippi Department of Human Services Just Wait Abstinence Unit [www.mdhs.state.ms.us](http://www.mdhs.state.ms.us)

**THANKS for observing the special Embrace Freedom Day, September 23rd. Please call (601-936-3513, email ([cwuy1988@gmail.com](mailto:cwuy1988@gmail.com)) or website: [cwuy4u.org](http://cwuy4u.org)) to register to attend Embrace Freedom Day and or to let us know that your Church or Organization has decided to observe any day during the month of September. (Email: on subject line say White Ribbon Sunday). We look forward to sharing White Ribbon Sunday month with you!**